# Las Cumbres Community Services

RESOURCE GUIDE FOR TAOS COUNTY

## **Infant & Early Childhood**

## Community-Based Child Abuse Prevention (CBCAP)

ČBCAP focuses on preventing abuse and neglect in families with children 0-5. Staff provide comprehensive support services in order to improve social and emotional wellbeing and resilience, partnering with families to create a support plan specific to their circumstances, values, and culture. Meeting times and locations are flexible. Contact 505.795.4505

www.lascumbres-nm.org/prevention

## **Infant and Early Childhood Mental Health**

Our therapists partner with children ages prenatal to 6 and their families to create a support plan specific to their circumstances, values, and culture. The clinical team is part of the National Child Traumatic Stress Network (NCTSN) and provides evidence-based therapies to address childhood trauma. Meeting times and locations are flexible. Contact 505.753.4123

www.lascumbres-nm.org/community-infant-program

Working for a world where every person connects and thrives in their community.



Las Cumbres Taos 1337 Gusdorf Road, Suite O Taos, NM 87571 www.lascumbres-nm.org/taos 575.224.3197

## For Youth & Caregivers

### **Behavioral Health**

Our therapists partner with children ages 6+ and their families to create a support plan specific to their circumstances, values, and culture. Therapists can meet with clients in their homes, our offices, or at a community meeting place, and meeting times can be flexible to accommodate families' schedules. The clinical team is part of the National Child Traumatic Stress Network (NCTSN) and provides evidence-based therapies to address childhood trauma. Contact 505.753.4123

www.lascumbres-nm.org/behavioral-health

### **Grandparents Raising Grandchildren**

Provides specialized support, resources, and discussion topics to foster the growth and well-being of grandparents who are the primary caregivers to their grandchildren in Rio Arriba, Santa Fe, and Taos counties. Contact 703.864.5789 <a href="https://www.lascumbres-nm.org/grandparents-raising-grandchildren">www.lascumbres-nm.org/grandparents-raising-grandchildren</a>

## Community Based Prevention, Intervention, & Reunification

Services focused on child abuse prevention. Contact 505.795.4505

**Prevention:** Community-Based Child Abuse Prevention (CBCAP) services support families with children ages 0-5. Services are designed to promote safety and well-being in families facing high-risk factors and living in high-risk environments.

www.lascumbres-nm.org/prevention

Intervention: Family Support Services (FSS) and Intensive Family Support Services (IFSS) provide in home comprehensive support to strengthen and preserve families who are currently experiencing problems in family functioning and multiple challenges related to safety. <a href="https://www.lascumbres-nm.org/intervention">www.lascumbres-nm.org/intervention</a>

Reunification: Family Reunification Services (FRS) and Time-Limited Reunification (TLR) services are provided to children returning from Foster Care or other out of home placements who are reunifying with their parents, family members, or other caregivers pursuing guardianship.

www.lascumbres-nm.org/reunification

#### **Padres Unidos**

Fatherhood program that focuses on helping men become engaged, committed, and responsible fathers. The program welcomes any father of any age and any background with parenting needs. Contact 505.412.2961 <a href="https://www.lascumbres-nm.org/padres-unidos">www.lascumbres-nm.org/padres-unidos</a>

# Las Cumbres Community Services

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## **Immigrant and Refugee Services**

### Santa Fe Afghan Resettlement Project

Helps newly relocated Afghan children & families integrate their experiences as they settle into our community. Bilingual, trauma-informed, culturally aware therapists & community navigators provide mental health screenings, family prevention and early intervention services, as well as specialized individual. Family navigation services provide a connection to community resources such as food assistance, transportation, translation, educational, vocational and legal assistance.Contact 505.692.4044

www.lascumbres-nm.org/afghan-resettlement

### Santuario del Corazón

Bilingual/bicultural therapists support immigrant families in Northern New Mexico (Santa Fe, Bernalillo, Rio Arriba, Taos and Los Alamos counties) via trauma-informed family navigation and mental health treatment services and providing connection to resources such as: transportation, access to housing, translation/interpretation, food assistance, legal assistance and childcare. Contact 575.779.9119

www.lascumbres-nm.org/santuario-del-corazon

### **Walking In Grace with Survivors of Torture** Program (WINGS)

WINGS offers relational, culturally and linguistically appropriate, trauma-informed, holistic, and communityintegrated care to survivors of torture and their families. The program also strengthens community systems of care, expanding the capacity of providers and organizations to provide effective, evidence-based services. Contact 505.819.1643 www.lascumbres-nm.org/wings

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## **Groups and Workshops**

## **Ask a Specialist Workshop Series**

Join Las Cumbres' developmental and clinical specialists for an open forum on child development. Our team is happy to answer questions or address concerns, and you are welcome to view our archive of previously-recorded workshops.www.lascumbres-nm.org/ask-a-specialist

# **Dialectical Behavior Therapy Skills Group**

Supports participants in learning to live mindfully, tolerate and cope with stress, regulate emotions, and develop enriching and healthy relationships. Meets weekly on Thursday via Zoom. Contact 505.927.0426 www.lascumbres-nm.org/dbt-skill

**Circle of Security® Parenting™**At times, all parents feel uncertain about what our children need from us. The Circle of Security® Parenting™ program helps parents identify and respond skillfully to their children's needs - and is based on decades of research about secure parent-child relationships. Contact 505.927.0426 www.lascumbres-nm.org/circle-of-security-parenting



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